

Historic Cook Books

From Roman to the 17th century



Makes Everything taste GOOD!

Century	No. of Extant Recipe Books
5th century (from 401 to 500 AD)	2
6th century (from 501 to 600 AD)	0
7th century (from 601 to 700 AD)	0
8th century (from 701 to 800 AD)	0
10 th Century (from 901 to 1000 AD)	2
11 th Century (from 1001 to 1100 AD)	0
12 th Century (from 1101 to 1200 AD)	0
13 th Century (from 1201 to 1300 AD)	4
14 th Century (from 1301 to 1400 AD)	7
15 th Century (from 1401 to 1500 AD)	20
16 th Century (from 1501 to 1600 AD)	17
17 th Century (from 1601 to 1700 AD)	24

5th century (from 401 to 500)

late 4th / early 5th century : Ancient Rome : De re coquinaria / APICIUS

<http://penelope.uchicago.edu/Thayer/E/Roman/Texts/Apicius/home.html>

<http://www.gutenberg.org/etext/16439> (English Text)

<http://www.archive.org/details/apicicaelidereco00apicrich>

<http://www.thelatinlibrary.com/apicius.html> (Latin Text)

http://www.fhaugsburg.de/%7Eharsch/Chronologia/Lspost04/Apicius/api_int (Latin Text)

5th c : Ancient Rome : The Excerpts of Vinidarius

<http://www.silk.net/sirene/laterome.htm>

6th century (from 501 to 600 AD)

7th century (from 601 to 700 AD)

8th century (from 701 to 800 AD)

9th century (from 801 to 900 AD)

10th Century (from 901 to 1000 AD)

10th – 13th C: Persia : Kitab al-tabikh (Baghdad Cookery Book)

Kitab al-Tabikh (The Book of Dishes) (10th century) by Ibn Sayyar al-Warraq

http://www.daviddfriedman.com/Medieval/For_Translation/al_Warraq/al_warraq.html

Kitab al-Tabikh (The Book of Dishes) (1226) by Muhammad bin Hasan al-Baghdadi

11th Century (from 1001 to 1100 AD)

12th Century (from 1101 to 1200 AD)

13th Century (from 1201 to 1300 AD)

13th C: England : Two Anglo-Norman Culinary Collections Edited from British Library Manuscripts Additional 32085 and Royal 12.C.xii

13th C: possibly French / Danish : Libellus de art Coquinaria ("Harpestreng" cookbook)

http://base.kb.dk/manus_pub/cv/manus/ManusPage.aspx?nnoc=manus_pub&p_ManusId=87&p_PageNo=140%20recto&p_Lang=main&p_Mode=img (Danish Text of Codex K)

<http://www.notaker.com/onlitxts/molbech.htm> (Danish Text of Codex Q)

<http://staff-www.uni-marburg.de/~gloning/harp-kkr.htm> (Danish Text of Codex K)

13th C: Andalusia : An Anonymous Andalusian Cookbook (Andalusian Cookbook)

The original source can be found at David Friedman's website

http://www.daviddfriedman.com/Medieval/For_Translation/al_Tughibi/al_Tugibi.html

<http://www.harvestfields.ca/harvest/cookbooks/Andalusian/Cookbook.htm> (English Text)

13th C: France : Le Régime du corps

<http://staff-www.uni-marburg.de/~gloning/aldosien.htm> (French Text)

14th Century (from 1301 to 1400 AD)

1300 : France : Enseignements ... maniere de viands
<http://www.medievalcookery.com/notes/lessons.shtm>
<http://www.uni-giessen.de/gloning/tx/1300ens.htm>

14th C early : Italian ? : Tractatus de modo preparandi et condiendi omnia cibaria
<http://staff-www.uni-marburg.de/%7Egloning/mul1-tra.htm>

1345 : Germany : Ein Buch von guter spise
http://turbadelirantium.skyrocket.de/bibliotheca/anonymus_buochvonguot (German Text)
<http://www.staff.uni-marburg.de/~gloning/bvgs.htm> (German Text)
<http://www.die-dunkle-dimension.de/p-med03.htm> (German Links to individual recipes)
<http://cs-people.bu.edu/akatlas/Buch/recipes.html> (German English Text)

1375 : France : Le Viandier de Taillevent
<http://gallica.bnf.fr/ark:/12148/bpt6k62367s> (French Text)
<http://www.staff.uni-marburg.de/~gloning/vi-vat.htm> (French Text)
<http://www.telusplanet.net/public/prescotj/data/viandier/viandier1.html> (English Text)

1390 : England : Forme of Cury
<http://www.pbm.com/~lindahl/foc/> (English Text)
<http://www.pbm.com/~lindahl/foc/8cury11.txt> (English Text)
<http://www.ibiblio.org/pub/docs/books/gutenberg/etext05/8cury10.txt> (English Text)

1393 : France : Le Menagier de Paris
<http://gallica.bnf.fr/ark:/12148/bpt6k831118> (French Text)
<http://www.pbm.com/~lindahl/menagier/> (French Text)
http://www.daviddfriedman.com/Medieval/Cookbooks/Menagier/Menagier_Contents.html
(English Text)

14th C: Italian ? : Liber de coquina
<http://staff-www.uni-marburg.de/%7Egloning/mul2-lib.htm> (Latin Text)

15th Century (from 1401 to 1500 AD)

1400 : German : Ein alemannisches Büchlein von guter Speise (Cgm 384, fol. 103b-115b)
<http://staff-www.uni-marburg.de/~gloning/birlalem.htm> (German Text)

1400 : German : Mittelniederdeutsches Kochbuch
<http://staff-www.uni-marburg.de/~gloning/mndk.htm> (German Text)

1400 : German : Ein Kochbuch aus dem Archiv des Deutschen Ordens
<http://staff-www.uni-marburg.de/~gloning/gollub.htm> (German Text)
<http://www.florilegium.org/files/FOODMANUSCRIPTS/Konigsberg-art.html> (English Text)

1400 : Spain / Catalan : Libre de totes maneres de confits
<http://staff-www.uni-marburg.de/~gloning/confits.htm> (Catalan Text)

1420 : France : Du fait de cuisine
http://www.daviddfriedman.com/Medieval/Cookbooks/Du_Fait (English Text)

1430 : England : Liber cure cocorum
<http://www.pbm.com/~lindahl/lcc/facsimile.html> (English Text)
<http://www.pbm.com/~lindahl/lcc/parallel.html> (English Text)
<http://homepage.univie.ac.at/thomas.gloning/tx/lcc3.htm> (English Text)

1430 : England : Two Fifteenth-Century Cookery Books - Harleian MS. 279 & Harl. MS. 4016, with extracts from Ashmole MS. 1439, Laud MS.553, & Douce MS. 55
<http://www.hti.umich.edu/cgi/t/text/textidx?c=cme;idno=CookBk;rgn=div1;view=text;cc=cme;node=CookBk%3A6> (English Text)
<http://www.hti.umich.edu/cgi/t/text/textidx?c=cme;cc=cme;rgn=main;view=text;idno=CookBk> (English Text)

1450 : England : Two Fifteenth-Century MS - (HARLEIAN MS. 279 & 4016)
<http://www.bookofrefreshments.com/cgi-bin/tfccb.pl> (English Text)

1450-60 : England : Italy : Libro de arte coquinaria
<http://www.staff.uni-marburg.de/~gloning/martino2.htm> (Italian Text)

1460 : The Babees Book .. Boke of Nurture
<http://www.hti.umich.edu/cgi/t/text/textidx?c=cme;idno=AHA6127.0001.001> (English Text)
<http://jrider.web.wesleyan.edu/wescourses/2001f/fren234/01/bookofnurture.htm> (English Text)

1468 : England : A Noble Boke off Cookry
www.medievalcookery.com/notes/napier.txt (English Text)

14th/15th C: Italy : Libro di cucina / Libro per cuoco
<http://staff-www.uni-marburg.de/~gloning/frati.htm> (Italian Text)
<http://www.geocities.com/helewyse/libro.html> (English Text)

14th/15th C: Italy : Italian Renaissance Recipes, from several sources
<http://www.nicomarin.com/ricette.htm> (English Text)

14th/15th C: Italy : Anonimo Veneziano (Anonymous Venetian Cookbook)
<http://staff-www.uni-marburg.de/%7Egloning/frati.htm> (Italian Text)
http://www.geocities.com/anahita_whitehorse/LibroDellaCocina.html (English Text)

15th C : Germany : Das Kochbuch des Meisters Eberhard
<http://staff-www.uni-marburg.de/~gloning/feyl.htm> (German Text)
<http://www.florilegium.org/files/FOODMANUSCRIPTS/Eberhard-art.html> (English Text)

15th C : Netherlands : Wel ende edelike spijse - Keukenboek (UB Gent Hs. 1035);
Wel ende edelike spijse (Good and Noble Food)
<http://staff-www.uni-marburg.de/~gloning/serrure.htm> (Dutch Text)
<http://www.coquinaria.nl/kooktekst/Introduction.htm> (English Text)

15th c : Portugal: A Treatise of Portuguese Cuisine
<http://www.cervantesvirtual.com/servlet/SirveObras/05810518790525195209079/index.htm>
(Portuguese Text)

15th c : England : Thomas Awkbarow's Recipes - A concordance to the Middle English culinary recipes in MS Harley 5401, A 15th-century manuscript
<http://www.uni-giessen.de/gloning/tx/harlkonk.htm> (English Text)

late 15th c: England : Pepys MS1047
<http://www.godecookery.com/pepys/pepys.htm> (English Text)

late 15th / early 16th c: Germany : Inntalkochbuch
<http://staff-www.uni-marburg.de/~gloning/kb-dann.htm> (German text)
<http://www.florilegium.org/files/FOOD-MANUSCRIPTS/Inntalart.html> (English Text)
<http://www.housemorien.org/inntalkochbuch.htm> (English Text)

16th Century (from 1501 to 1600 AD)

1510-1514? : Netherlands : Een notabel boecxken van cokeryen

<http://users.pandora.be/willy.vancammeren/NBC/index.htm> (English Text)

<http://www.kookhistorie.com/> (English Text)

1513 : England : Boke of Kervynge

<http://www.harvestfields.ca/CookBooks/001/02/01.htm> (English Text)

<http://milk mama.tripod.com/kervynge2.html> (English Text)

1520 : Spain : Libre de doctrina per a ben servir, de tallar y del art de coch

<http://www.cervantesvirtual.com/servlet/SirveObras/57915397105571162900080/index.htm>
(Spanish Text)

1529 circa : Spain / Catalonia : Libre del Coch

<http://www.florilegium.org/files/FOODMANUSCRIPTS/Guisados1-art.text> (part 1 English text)

<http://www.florilegium.org/files/FOODMANUSCRIPTS/Guisados2-art.html> (part 2 English text)

1530 : Italy : De honesta voluptate

http://alfama.sim.ucm.es/dioscorides/consulta_libro.asp?ref=X533841967&idioma=0 (Latin Text)

1545 : England : A Proper newe Booke of Cokerye

<http://www.staff.uni-marburg.de/~gloning/bookecok.htm> (English Text)

<http://www.godecookery.com/trscript/trscript.html> (English Text)

1553 : Augsburg Bavaria : Das Kuchbuch der Sabina Welserin (Cookbook of Sabina Welserin)

<http://homepage.univie.ac.at/thomas.gloning/tx/sawe.htm> (German Text)

http://www.daviddfriedman.com/Medieval/Cookbooks/Sabrina_Welserin.html (English Text)

1555 : Italy : The Secrets of Alexis of Piedmont

<http://gallica.bnf.fr/> (Latin & French Text)

1570: Italy : Opera

http://alfama.sim.ucm.es/dioscorides/consulta_libro_b.asp?ref (Italian Text)

1573 : Germany : Ein New Kochbuch

<http://staff-www.uni-marburg.de/~gloning/rumpochs.htm> (German Text)

http://clem.mscedu.edu/%7Egrasse/GK_Rumpolt1.htm (English Text)

<http://www.ravenstreet.org/Tirloch/ein%20neu%20kuchbuch%20-%20transcribed%20pages.....pdf> (German Text)

http://www.daviddfriedman.com/Medieval/For_Translation/Max_Rumpolt/Max_Rumpolt.html
(German Text)

1591: England : A Boke of Cookrye

<http://jducoeur.org/Cookbook/Cookrye.html> (English Text)

1593 : Netherlands : Een en seer schoonen, ende excellenten Cocboeck (Exquisite and Excellent Cookbook)

<http://www.kookhistorie.com/> (Dutch Text with English intro)

1594, 1596, 1597 : England : Good Huswife's Handmaide for the Kitchin

<http://homepage.univie.ac.at/thomas.gloning/ghhk/> (English Text both 1594 and 1597 versions)

<http://www.harvestfields.ca/CookBooks/003/07/00.htm> (English Text 1596 version)

1596 : England : The Good Housewife's Jewell
<http://www.harvestfields.ca/CookBooks/003/07/00.htm> (English Text)

1597 : England : Herbal: Generall Historie of Plantes.
<http://members.aol.com/renfrowcm/gerardp1.html> (English Text)

1598 : Germany : De vierdte thiel
<http://staff-www.uni-marburg.de/~gloning/1598aw4w.htm> (German Text)

16th C : Spain : Manual de mujeres ...
<http://www.cervantesvirtual.com/servlet/SirveObras/01371074> (Spanish Text)
http://www.geocities.com/karen_larsdatter/manual.htm (English Text)

17th Century (from 1601 to 1700 AD)

1604 : France : Ouverture de Cuisine
<http://staff-www.uni-marburg.de/~gloning/ouv3.htm> (French Text)
<http://www.medievalcookery.com/notes/ouverture.shtm> (English Text)

1608, 1627 : England : Closet for Ladies ... Conserving, Preserving, Candyng
<http://www.shipbrook.com/jeff/bookshelf/details.html?bookid=10> (English Text)

1609 : England : Delights for Ladies
<http://www.harvestfields.ca/CookBooks/001/03/0.htm> (English Text)

1615 or 17? : England : A NEVV BOOKE of Cookerie
<http://staff-www.uni-marburg.de/~gloning/1615murr.htm> (English Text)

1616 : Denmark : Koge Bog [Cook Book]
<http://www.forest.gen.nz/Medieval/articles/cooking/1616.html> (English Text)

1619 : Netherlands : A new herbal or Historie of plants
<http://gallica.bnf.fr/ark:/12148/bpt6k987747> (English Text)

1629 : England : Paradisi in paradisus terrestris
<http://gallica.bnf.fr/ark:/12148/bpt6k97995h> (English Text)

1652 : England : English Physitian (Herbal) / Culpeper's Herbal
<http://www.harvestfields.netfirms.com/HerbBooks/01/bkh00/cl1/index.htm> (English Text)
<http://www.bibliomania.com/4/-/frameset.html> (English Text)

1653 : England : Compleat Angler
<http://www.farreaches.org/fishing/izintro.html> (English Text)
<http://etext.library.adelaide.edu.au/w/walton/izaak/> (English Text)

1653 : England : A Book of Fruits and Flowers shewing The Nature and Use of them, either for Meat or Medicine
<http://www.harvestfields.ca/HerbBooks/01/026/00.htm> (English Text)

1655, 1658 : England : Compleat Cook
<http://www.bib.ub.es/grewe/showbook.pl?gw0172> (English Text)
<http://www.gutenberg.org/etext/10520> (English Text)

1655, 1658, 1671 : England : Queens Closet Opened
<http://www.bib.ub.es/grewe/showbook.pl?gw0171> (English Text)

1661, 1665 : France : Les délices de la campagne
<http://www.bib.ub.es/grewe/showbook.pl?gw018> (French Text)
http://williamrubel.com/wpcontent/uploads/bonnefons_delices_eggs.pdf (French Text - egg chapter)
<http://gallica.bnf.fr/ark:/12148/bpt6k1088619> (French Text 1665, Second ed.)

1669 : England : The Closet of the Eminently Learned
<http://www.gutenberg.org/etext/16441> (English Text)

1669, 1771 : Netherlands : De verstandige kock (The Sensible Cook)
<http://www.kookhistorie.com/> (English Text)
<http://www.bib.ub.es/grewe/showbook.pl?gw035> (Dutch Text 1771 version)

1671 : England : Queens Delight; conserves, candying etc
<http://www.gutenberg.org/etext/15019> (English Text)
<http://www.harvestfields.ca/harvest/cookbooks/queens/delight.htm> (English Text)

1672 : England : Queenlike Closet
<http://www.bib.ub.es/grewe/showbook.pl?gw021> (English Text)
<http://www.gutenberg.org/files/14377/14377-8.txt> (English Text)

1675 : England : Gentlewoman's Companion ..Guide to Female Sex
http://chaucer.library.emory.edu/cgibin/sgml2html/wwrp.pl?act=contents&f=%2Fdata%2Fwomen_ (English Text)

1675 : England : The English House-wife ...
<http://www.bib.ub.es/grewe/showbook.pl?gw022> (English Text)

1680 : France : Le Cuisinier Francois
<http://www.bib.ub.es/grewe/showbook.pl?gw023> (French Text)

1683 : England : English Housewife ...
<http://www.bib.ub.es/grewe/showbook.pl?gw022> (English Text)

1685 : England : Accomplisht Cook
<http://www.bib.ub.es/grewe/showbook.pl?gw025> (English Text)
<http://www.ibiblio.org/ahkitj/section27/gallery/v/1685-obadiah> (English Text)

1686 : Austria ; Ein Koch- Und Artzney-Buch
<http://staff-www.uni-marburg.de/~gloning/graz2.htm> (German Text)

1699 : England : Acetaria; A Discourse on Sallets; 1st ed
<http://www.gutenberg.org/files/15517/15517-8.txt> (English Text)
<http://www.harvestfields.ca/harvest/Discourse/Discourse.htm> (English Text)